

# GLOBAL PATIENT CHARTER

# IOF INTERNATIONAL OSTEOPOROSIS FOUNDATION

Prof. Cyrus Cooper, IOF President

[www.iofbonehealth.org](http://www.iofbonehealth.org)



**~9 million**  
FRACTURES ANNUALLY

1 FRACTURE  
every 3 sec

**1/3**  
**1/5**  
**GLOBALLY**  
**OVER 50**  
WILL SUFFER AN  
OSTEOPOROTIC  
FRACTURE

HIP FRACTURE INCREASE  
1990 → 2050

+310%

+240%

ONLY **1/3**  
OF VERTEBRAL  
FRACTURES  
COME TO CLINICAL  
ATTENTION

# THIS MUST STOP

Help raise the profile of this silent disease, to make fracture prevention a global health priority.

# PATIENTS FROM NATIONAL SOCIETIES & IOF HAVE DEVELOPED:

## THE IOF GLOBAL PATIENT CHARTER

### OUR CHARTER, OUR RIGHTS

Patients + families have the right to:



**1 DIAGNOSIS:** Timely and accurate assessment of fracture risk, falls risk and diagnosis of osteoporosis



**2 PATIENT CARE:** Access to effective intervention options (treatment, lifestyle changes) and to regular drug treatment review by an appropriate healthcare professional



**3 PATIENT VOICE:** Involvement and choice in a long-term management plan with defined goals



**4 SUPPORT:** Care and support from society and healthcare providers, to ensure active and independent living

# IOF Global Patient Charter

## Taking action for a world without fragility fractures

Osteoporosis is a major public health concern. It is an underlying cause of chronic pain, long-term disability and premature death. Yet the condition remains severely underdiagnosed and undertreated.

**This must stop!**

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##### SUPPORT:

Care and support from society and healthcare providers, to ensure active and independent living

### Help drive improvement, and show your support:

**PATIENTS:** Speak to your healthcare professional to identify your risk, and take action for change

**HEALTHCARE PROFESSIONALS:** Protect communities' bone health through appropriate assessment and treatment

**POLICYMAKERS, HEALTH AUTHORITIES, AND NATIONAL GOVERNMENTS:** Support the establishment of coordinated models of care (Fracture Liaison Services) to help reduce the global human and socioeconomic burden of fragility fractures

Show your commitment, sign the IOF Global Patient Charter at  
[www.iofglobalpatientcharter.org](http://www.iofglobalpatientcharter.org)

Your signatures will help raise the profile of this silent disease,  
to make fracture prevention a global health priority.

# DEDICATED RESOURCES

Home -

## IOF GLOBAL PATIENT CHARTER

### TAKING ACTION FOR A WORLD WITHOUT FRAGILITY FRACTURES

Osteoporosis is a major public health concern. It is an underlying cause of chronic pain, long-term disability and premature death. Yet the condition remains severely underdiagnosed and undertreated. **This must stop!**

Through this Charter, as a patient or family member of a patient, I call for the rights to:

- **DIAGNOSIS:** Timely and accurate assessment of fracture risk, falls risk and diagnosis of osteoporosis
- **PATIENT CARE:** Access to effective intervention options (treatment, lifestyle changes) and to regular drug treatment review by appropriate healthcare professional
- **PATIENT VOICE:** Involvement and choice in a long-term management plan with defined goals
- **SUPPORT:** Care and support from society and healthcare providers, to ensure active and independent living

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#### Charter Endorsement:

- **CNS Endorsement**

The IOF Global Patient Charter has been developed in collaboration with its Committee of National Societies (CNS), and has been endorsed by [46 international societies](#) to date.

- **Organization & Association Endorsement**

IOF is grateful to the following Organizations and Associations for supporting the Charter. By endorsing the IOF patient Charter, organizations demonstrate their firm commitment to the Charter's principles as a means of raising public awareness and ultimately improving patient care.



Printer friendly



**SIGN UP NOW !**

Help us reach our target of 2017 signatures!

Number of signatures:

**1145**

First name \*

Surname \*

E-mail \*

Country \*

- Select -

What is your overall function? \*

- Select -

Agreement \*

I have read and agree to the [Terms and Conditions](#).

**Sign up to the IOF Global Patient Charter**

## Downloads

### FACTSHEET



Download

### INFOGRAPHIC



Download

### PETITION FORM



Download

[www.iofglobalpatientcharter.org](http://www.iofglobalpatientcharter.org)

# VIDEO TO HIGHLIGHT THE BURDEN

YouTube <sup>CH</sup>

Search

Nagnou moytou damdam damdam bakhoul

0:25 / 1:14

Analytics Video Manager

IOF - Global Patient Charter

International Osteoporosis Foundation IOF

Channel settings

286 views

# HOW CAN YOU SHOW SUPPORT?



# 2017 HELP US GET SIGNATURES THIS YEAR



Be the advocate in your  
country





# Endorsed by 46 National Osteoporosis Societies to Date



Austrian Society for Bone and Mineral Research



KEINE CHANCE FÜR OSTEOPOROSE



公益財団法人 骨粗鬆症財団



HUNGARIAN OSTEOPOROSIS PATIENT ASSOCIATION



העמותה הישראלית לאוסטאופורוזיס ומחלות עצם (ע"ר)  
I.F.O.B Israeli foundation for osteoporosis and bone diseases



Osteoporose Canada

Osteoporosis Canada



Belgian Bone Club



POLISH OSTEOPATHROLOGY SOCIETY



# IOF OSTEOPOROSIS PATIENT CHARTER

Osteoporosis Canada  
Canadian Osteoporosis Patient Network



Osteoporosis Canada

Ostéoporose Canada

«ALL CANADIANS HAVE THE  
RIGHT TO LIVE WITHOUT  
OSTEOPOROTIC FRACTURES»



Osteoporosis Canada

Ostéoporose Canada

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# CANADIAN OSTEOPOROSIS PATIENT NETWORK

- ⑩ The patient arm of Osteoporosis Canada
- ⑩ Informing and supporting patients
- ⑩ Influencing public policy by providing and advocating the patient perspective
- ⑩ 10,000 members across Canada, connected and served electronically
- ⑩ Executive Committee comprised of patient volunteers
- ⑩ Newsletters and virtual forums



Osteoporosis Canada

Ostéoporose Canada

# COPN OBJECTIVES FOR A PATIENT CHARTER

- ⑩ Inspire and motivate ourselves and others
- ⑩ Provide a foundation for our advocacy and education efforts – Patient Charter is “our ask”
- ⑩ Address two most important issues for patients
  - The right to effective bone care and fracture prevention programs
  - The right to post-fracture care programs



Osteoporosis Canada

Ostéoporose Canada

# THE WRITING TEAM

- ⑩ Led by COPN Chair
- ⑩ Four members of COPN Executive
  - COPN Medical Advisor, patients
- ⑩ Three recruits from general public
  - Health care provider, author of osteoporosis books and patient advocate
- ⑩ Governance consultant
- ⑩ ***All were volunteers***



Osteoporosis Canada

Ostéoporose Canada

# THE DRAFTING PROCESS

- ⑩ Writing Team met by teleconference and exchanged hundreds of emails in between
- ⑩ Every comment received from all stakeholders was reviewed by entire team
- ⑩ Disposition of all comments tracked and recorded



Osteoporosis Canada

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# THE LAUNCH

- ⑩ Final charter launched simultaneously in COPING newsletter and on OC website
- ⑩ Patient charter posters to be distributed to all Chapters for use in their meetings and education forums



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**COPING**  
**'A newsletter from COPN'**  
**October 1, 2010**  
***Remember: You can live well with***  
***osteoporosis!***

If you have received this newsletter from the Canadian Osteoporosis Patient Network (COPN)  
You are a COPN member

- 1. Thought for Today**
- 2. Launch of the Osteoporosis Patient Bill of Rights**
- 3. The Importance of Advocacy**
- 4. Funny Bone**
- 5. Notices/references**

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**Thought for Today** - "If you don't know where you are going, you may end up someplace else." - Yogi Berra

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**Launch of the Osteoporosis Patient Bill of Rights**

I am pleased to use this edition of the COPING Newsletter to officially launch the Osteoporosis Canada Patient Bill of Rights.

More than a year in the making, the Bill of Rights represents a significant accomplishment. It has been dissected and reviewed and rewritten more times than I care to count. Yes it has been a challenging process, but has it been worth it? Absolutely. I believe it accomplishes all those goals we set those many months ago. It is inspirational, it is achievable, and it does provide the foundation



Osteoporosis Canad

Ostéoporose Canad

# PATIENT CHARTER USE

- ⑩ Featured in meetings and correspondence with policy makers and decision makers
- ⑩ Poster displayed at public education forums – it starts the conversation
- ⑩ Explains “why we do what we do” when we engage in research and other initiatives like Fracture Liaison Service



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**SIGN UP**

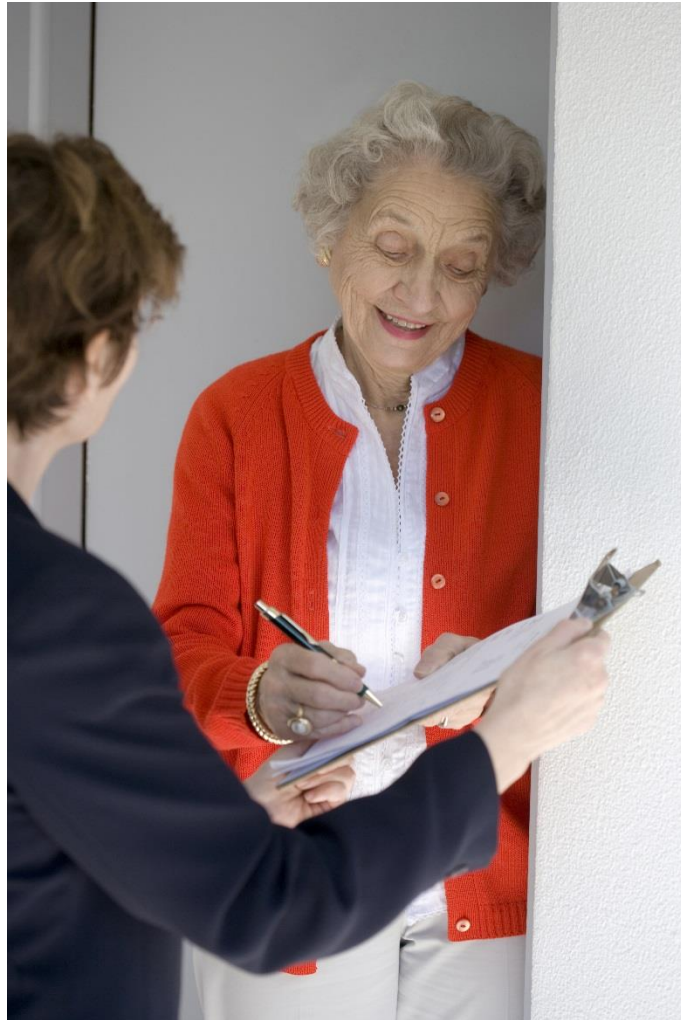
**TODAY !**



**SUPPORT THE CAUSE TODAY – SIGN THE CHARTER!**

**at [www.iofglobalpatientcharter.org](http://www.iofglobalpatientcharter.org)**

# 2017 HELP US GET SIGNATURES THIS YEAR



Make everyone  
sign up the Charter

Be the advocate in your  
country

# LIVING WITH OSTEOPOROSIS

Larry Funnell  
Surrey  
Canada



Osteoporosis Canada

Ostéoporose Canada

# MY TALK



- ✦ The fractures
- ✦ The belated diagnosis
- ✦ An emotional freefall
- ✦ The slow climb back up
- ✦ Keys to breaking the cycle
- ✦ Together we can be stronger – and Unbreakable!



# LIVING *WELL* WITH OSTEOPOROSIS



Osteoporosis Canada

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**SIGN UP**

**TODAY !**



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